

# Receiving, providing, and supporting aphasia therapy in the chronic stage following stroke

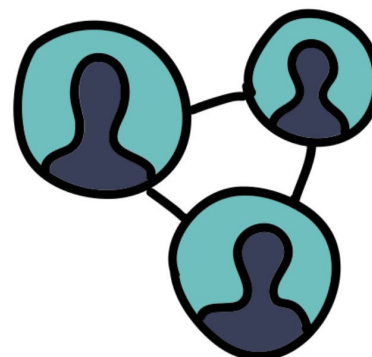
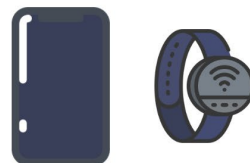
Finding, obtaining  
and  
accessing aphasia  
services

Personal factors,  
competing priorities  
and a need to see  
progress.

Personal support  
network.

Therapy and the  
therapeutic  
relationship

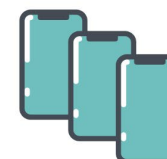
**Person living with  
aphasia**  
LifeCHAT App



**Treating Speech  
Pathologist**  
LifeCHAT Therapist  
Web App



**Significant others, family  
and friends**  
LifeCHAT Companion App



Support to self-  
manage

A system that  
doesn't support  
ongoing therapy

Technology -  
enhanced  
therapy

Aphasia  
awareness



LifeCHAT in the news  
<https://bit.ly/lifeCHATnews>



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“And I got rejected. So, I had to do, um letters and that sort of thing and yeah, so I didn't do therapy for 18 months. So, that was the really disappointing thing.”

“An – you know – an improvement. Not a total improvement, but, there was something to look forward to ...”

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“...you feel totally abandoned...This family member is unaware, knowing they should know, better, knowing they should have access to everything. And yet nobody is helping ...”

“Um, so there's a real mismatch, mismatch between what his expectations were and what the therapists' expectations were - - - and I think the therapists just did not factor in that, yes, this man was very literate...”

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“well, we were given some sheets, and some activities, but of course they’re [family] just doing what they think... you don’t know whether it’s specifically what is needed, whether there is any evidence of any improvement. How do you monitor that kind of, uh, feedback.”

“...I was trying so hard to call and email new support workers and new agencies and no-one would take my calls, no-one would return my emails and I just said, “Look, I just want five minutes of your time to give you some strategies that will help him.”

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“Um, and you're so frightened of tech,  
because you think, oh, my God, I  
touched something. Where's the –  
cursor!”

“...And this is the invisible thing, because  
I know my brain is not the same, big - but  
because I'm not in a wheelchair or have a  
physical disability, I look so normal.”

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